

COL SATSANGI'S KIRAN MEMORIAL AIPECCS EDUCATIONAL COMPLEX
(a unit of AIPECCS society)
Satbari, Chattarpur, New Delhi – 110 074

NO:CSKM/AEC/2018

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CIRCULAR

All class teachers and subject teachers are requested to make aware of your students regarding online dangerous game – “MOMO CHALLENGE”.

As per circular No.2601/08/2018-POCSO/NCPCR/7906 dated 06-09-2018:

National Commission for Protection of Child's Right (NCPCR) as per circular No.2601/08/2018-POCSO/NCPCR/7906 dated 06-09-2018 has noticed that there are Media reports that children have been becoming victims of Momo Challenge. It is reported that this game is played by invitation only through online and due to which children are attempting to commit suicide. Momo Challenge consists of a variety of self harming dares which becomes increasingly risky as the game progresses and it finally ends with suicide challenge. The game involves challenges on WhatsApp by the name of “Momo” that encourage teenagers/children/any other user to engage in series of violent acts as challenges of the game.

Once the contact is added, the image of the terrifying Japanese ‘Momo’ doll with bulging eyes appears in contact. The game controller than entices player to perform a series of challenges and playing the game are threatened with violent images, audios or videos, if player do not follow instructions.

Look out for following Signs and Symptoms; Advisory issued on “MOMO CHALLENGE GAME” by Ministry of Electronics & IT (Meity) – Cyber Laws & e.security group dated 27-08-2018:

1. Becoming withdrawn from friends and family.
2. Persistent low mood and unhappiness.
3. Looking worried that stops him/her from carrying out day to day tasks.
4. Sudden outbursts of anger directed at themselves or others.
5. Loss of interest in activities that they used to enjoy.
6. Visible marks like deep cuts or wounds on any part of the body of the child.

How to protect your child from this game?:

1. Check in with your child, ask how things are going. Ask if there have been things stressing them, or anything that has them worried. If your child is talking about any level of distress, do not hesitate to ask them about changes in mental health.
2. Unless there is reason to believe your child already knows of or has played the game, don't discuss about the Blue Whale game. By doing so, you increase the chance that your child will search for it on their own.
3. Monitor your children's online & social media activity to ensure they are not engaging with this game.
4. Keep your eyes open for:
 - (a) Unusually sensitive behaviour, mostly related to their online activity.
 - (b) A sudden increase in the time they spend online, especially social media.
 - (c) They seem to change sudden on their device when approached.
 - (d) They become withdrawn or angry, after using the internet or sending text messages.
 - (e) Their device suddenly has many new phone numbers and email contacts.
5. Install a good type mobile parenting software which helps them in monitoring your children.
6. Parents should take support from child counselor present in the school at regular intervals.
7. If you fear your child may be at risk, get professional help right away.
8. Remind your child that you are there and will support them as they face life challenges.



VICE PRINCIPAL

Circulated to: All concerned.